

## RESUME WRITING GUIDELINES

#### **PURPOSE**

A resume is a summary of your strengths directed toward the target career goal. Generally speaking, it includes your education, skills, accomplishments and experience. A resume is a way to promote yourself to potential employers and help you secure a job interview. It is your BEST marketing tool!

### **GUIDELINES**

- Lead with your Strengths: We read top to bottom, left to right, so your most important information should be at the top, the first bullet, or the first action verb of a skills or accomplishment statement(s). If your education is more important than your work experience, put this at the top. When ordering your skills, be sure the most relevant skills to the job goal are listed first.
- Major Headings: Job Objective; Qualifications or Summary of Skills; Education; Experience
- **Chronological Resume:** In the reverse chronological format, this resume is best for those whose jobs build on one another other and lead directly to the job goal.
- **Functional Resume:** Best for those who are beginning a new career path based on their education, and may not have a lot of job experience directly related to the job goal. It clusters skills into 3-4 categories.
- Proofread: Review for any typos, abbreviations not spelled out, acronyms, and grammar.
- Consistency: Be sure to utilize the same format, bolding, underlining and font throughout the entire resume.
- **Format:** Is it visually appealing? Utilize your white space so it is not cluttered with extraneous verbiage. Font size too small? Is your contact information easy to find?
- Fact-check: Is the company name, location, date(s), and position titles accurate?
- Quick glance: If someone takes a quick glance, what stands out? Are those your strongest areas?

### DO's and DON'T's

#### DO

- Lead with your strengths
- Include quantifiable achievements
- Include key words from the job description
- Proofread carefully: spelling and grammar
- College students and recent grads: keep it to one page
- Use bold and italics selectively
- Polish to reflect your best self/work
- Have someone else review it
- Use action words
- Include phone number and email

#### DON'T

- List: "References available upon request"
- Neglect everything in the job description that is required for minimum qualifications
- Lie seriously, employers check
- Make it busy or cluttered
- Don't include: age, marital status, disability status
- List street address (only include City and State)
- Use fancy fonts or make font too small
- List hobbies, unless relevant to your job target
- Use first person: "I" or "my"
- List controversial activities, ex: political or religious

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# **ACTION VERBS**

ACTION VENDS			
Demonstrated Leadership:	Increased Efficiency, Sales,	Managed a Team:	Mapped
Chaired	Revenue, or Customer	Aligned	Measured
Controlled	Satisfaction:	Cultivated	Qualified
Coordinated	Accelerated	Directed	Quantified
Executed	Achieved	Enabled	Surveyed
Headed	Advanced	Facilitated	Tested
Operated	Amplified	Fostered	Tracked
Orchestrated	Boosted	Guided	
Organized	Capitalized	Hired	Wrote or Communicated:
Oversaw	Delivered	Inspired	Authored
Planned	Enhanced	Mentored	Briefed
Produced	Expanded	Mobilized	Campaigned
Programmed	Expedited	Motivated	Co-authored
	Furthered	Recruited	Composed
Envisioned and Brought to	Gained	Regulated	Conveyed
Life a Project:	Generated	Shaped	Convinced
Administered	Improved	Supervised	Corresponded
Built	Lifted	Taught	Counseled
Charted	Maximized	Trained	Critiqued
Created	Outpaced	Unified	Defined
Designed	Stimulated	United	Documented
Developed	Sustained	Officea	Edited
Devised	Sastanica	Brought in Partners,	Illustrated
Founded	Changed or Improved	Funding, or Resources:	Lobbied
Engineered	Something:	Acquired	Persuaded
Established	Centralized	Forged	Promoted
Formalized	Clarified	Navigated	Publicized
Formed	Converted	Negotiated	Reviewed
Formulated	Customized	Partnered	Reviewed
	Influenced	Secured	Oversow or Begulated
Implemented		Secured	Oversaw or Regulated: Authorized
Incorporated	Integrated	Commonted Contaments	
Initiated	Merged Modified	Supported Customers:	Blocked
Instituted		Advised	Delegated
Introduced	Overhauled	Advocated	Dispatched
Launched	Redesigned	Arbitrated	Enforced
Pioneered	Refined	Coached	Ensured
Spearheaded	Refocused	Consulted	Inspected
Targeted	Rehabilitated	Educated	Itemized
	Remodeled	Fielded	Monitored
Helped a Team Operate More	Reorganized	Informed	Screened
Efficiently/Cost-effectively	Replaced	Resolved	Scrutinized
Conserved	Restructured		Verified
Consolidated	Revamped	Conducted Research:	
Decreased	Revitalized	Analyzed	Achieved Something:
Deducted	Simplified	Assembled	Attained
Diagnosed	Standardized	Assessed	Awarded
Lessened	Streamlined	Audited	Completed
Reconciled	Strengthened	Calculated	Demonstrated
Reduced	Updated	Discovered	Earned
Yielded	Upgraded	Evaluated	Exceeded
	Transformed	Examined	Outperformed
		Explored	Reached
		Forecasted	Showcased
		Identified	Succeeded
		Interpreted	Surpassed
		Investigated	